



2019-2020 Wellness Policy Report

Owens School District No.6

Our Wellness Goals



We are still working on these:

✓ WE MET THESE GOALS:

- ✓ Food service program staff is well trained, prepared, and serves appealing foods. This is ensured through meeting the required amount of training hours, nutritional fact sheets, and menus with parent and children input.
- ✓ Pleasant eating areas with clean, orderly, and well maintained environment.
- ✓ Adequate physical activity time is provided.
- ✓ Unhurried, adequate time to eat. Children are allowed to stay and finish lunches if more time is needed.

- ✗ Staff will model healthy food choices.
- ✗ Parents/Guardians to bring in healthier options for classroom parties and other such school functions.
- ✗ Children may still have an alternate option to receive breakfast if they arrive to school late, if being tardy is not a habit.

District Wellness Committee

Actively recruiting!

- ✓ Meets twice per year about school health & safety
- ✓ Led by Ashley Richards, Food Service Director
- ✓ Designates an Owens School District official to ensure that schools use the wellness policy

Current members include: *parents, students, teachers, administrators, food services representatives, other school staff, school board members, community partners, the general public.*

To join contact: ashley.r@owens-whitney.org



Our District Wellness Policies

Planning, Tracking, & Sharing

- ☞ No foods of minimal nutritional value are sold or marketed on our campus to allow the program to be self-supporting. – 100% Compliant
- ☞ Menus meet nutrient guidelines set forth by the NSLP and SBP school meals initiative standards. – 100% Compliant
- ☞ Menus have child and parent/guardian input. – 100% Compliant

- ☞ Wellness Meeting held on 5/15/19
- ☞ Wellness Meeting held on 9/18/19
- ☞ Bryan Bullington was named as new person in charge of ensuring that our Local Wellness Policy is being abided by.
- ☞ We are looking into WVFD to possibly come to our school and do Cross-Fit classes. They have been contacted and possibly will be able to schedule through Freeport-McMoran.

